

Comparison of Chemical Constituents in Mung bean (*Vigna radiata* L.) Flour between Cultivation Regions and Seeding Dates

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ABSTRACT Legumes are one of the largest families of crop plants and are widely consumed and produced for their nutritional and commercial benefits. Mung bean (*Vigna radiata* L.) is a legume crop that contains various functional compounds ; moreover, it has strong antioxidant properties and is becoming an increasingly important food crop. However, most previous studies on mung beans have focused on their primary metabolites. In this study, we investigated the composition and contents of phenolic compounds, fatty acids, soyasapogenol and tocopherol in mung beans cultivated in different regions and cultivated at different seeding dates. Material analysis was conducted using the following methods: LC-MS/MS, GC-FID and HPLC-ELSD. In total, 57 different samples were analyzed. Thirteen phenolic compounds were detected in mung beans. Of these, vitexin and isovitexin were the most abundant compounds, accounting for approximately 99% of phenolic compounds. The difference in phenol compounds according to the seeding dates of mung bean was not statistically significant. The total fatty acid content in beans was the highest in Pyeongchang. Significant differences in total fatty acid content were found according to the cultivation regions. Crops grown in Sohyeon and Dahyeon showed the highest soyasapogenol B content in the Suwon region, and these were the lowest in Jeonju. The total tocopherol content of beans cultivated in Dahyeon and Sohyeon was the lowest and highest in Pyeongchang. Soyasapogenol B and total tocopherol content were not significantly different according to seeding dates. This study was conducted to obtain basic data for the cultivation of mung beans with a high content of various functional materials in terms of regional specialization and optimal seeding time.

Keywords : fatty acid, mung bean, phenolic compound, soyasapogenol, tocopherol

Mung bean (*Vigna radiata* L.) is a familiar food ingredient that is widely used in the body as a nutritional supplement. It is cultivated in Southeast Asia, including Korea, China, India and Thailand. Mung beans have strong drought resistance and grow well in warm climates. Since mung bean is not long-growing, it can be grown in highland or high latitude regions. It is also known that the period of sowing is longer than that of soybeans or red beans. Mung bean is an increasingly important human food source because of its powerful antioxidant (Kim *et al.*, 2005). In Korea, the mung bean is utilized in various ways such

as mung bean pancake, mung bean sprout, mung bean jelly and mung bean porridge and used as a medicine in India (Kim *et al.*, 1981). Mung bean is similar in constituent to other members of the legume, with 63% carbohydrate, 16% dietary fiber, 24% protein and 1% fat. Most previous studies focused mainly on primary metabolites such as carbohydrates and proteins (Kim *et al.*, 2005). The object of this study was to research the differences in the content of mung bean on the secondary metabolites according to the cultivation regions and seeding dates.

The mung bean is known to be rich in vitamins, minerals, and

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essential amino acids compared to soybean and kidney bean, also contain large amounts of functional ingredients such as flavonoids and phenolic compounds. Phenolic compounds, found in mung bean, are secondary metabolite that synthesized through the pentose phosphate pathway, the shikimate pathway and the phenyl-propanoid pathway (Randhir *et al.*, 2004). These compounds have an aromatic ring with at least one hydroxyl group (Balasundram *et al.*, 2006). Phenolic acids represent the most common form of phenolic compounds and constitutes one of the major and most complex groups of phytochemicals in grains (Yao *et al.*, 2013). The beneficial effects derived from phenolic compounds are due to antioxidant activity (Heim *et al.*, 2002). Phenolic compounds can be a major determinant of food antioxidant potential (Parr & Bolwell, 2000). So they can be a natural source of antioxidants in foods (Balasundram *et al.*, 2006).

The metabolism, quantity and quality of the fatty acids in the diet are important for health and disease. The main fatty acids of legumes are generally palmitic acid, oleic acid, linolenic acid, and linoleic acid (Anwar *et al.*, 2007). Fatty acids can be divided into short chain (2-8), medium chain (8-12) and long chain (13-24), depending on whether they are double bonds or saturated, monounsaturated and polyunsaturated fatty acid (SFA, MUFA and PUFA) (Kostik *et al.*, 2013). Highly unsaturated fatty acids such as PUFA, linoleic acid and α -linolenic acid, are essential fatty acids that can not be synthesized and are important for human metabolism, which must be ingested through the diet and have a beneficial effect on health (Parikh *et al.*, 2005). Lack of essential fatty acid is associated with the causes of disease such as cardiovascular disease (Brown, 2005).

Soyasaponins consist a group of structurally diverse compounds containing triterpenoid aglycone in legumes (Price *et al.*, 1986). Soyasapogenol, the aglycone of soyasaponin, is classified as soyasapogenol A and B, according to their structures (Kim *et al.*, 2012). Soyasaponin is considered to be a diverse group of bioactivities and functional compounds (Yoshiki *et al.*, 1998). Soyasaponin B group is the most commonly found in legume (Murphy *et al.*, 2008). This soyasapogenol B has a variety of physiological activities such as inhibition of platelet aggregation, anti-tumor activity, anti-complement activation and hepatoprotective effect (Kostik *et al.*, 2013). An efficient analytical method was used utilizing high-performance liquid chromatography (HPLC) / evaporative light scattering detector (ELSD) to

separate and quantify triterpene soyasapogenol A and B in mung beans (Rupasinghe *et al.*, 2003). The ELSD is based on the light scattering by the nebulized solutes sprayed without absorption by the analytes (Rupasinghe *et al.*, 2003).

Tocopherol, mostly known as vitamin E, is include in food as four types of α , β , γ , and δ -tocopherol. An important function of tocopherol in the human body is to inhibit lipid oxidation by antioxidant to prevent cell membrane damage and tissue damage (Kim *et al.*, 2015). Tocopherols found in mung bean were δ -tocopherol and γ -tocopherol, which exhibited potent antioxidant activity, and the γ -tocopherol was especially high (Rossell & Pritchard, 1991). Grain usually contains a moderate amount of tocopherol, but it is a important source of tocopherol because of the high consumption of mung bean in Korean diets (Choi *et al.*, 2007). Previous studies have shown that mung beans are a particularly important source of tocopherols (Anwar *et al.*, 2007).

In the past, studies were mainly conducted on the cultivation of mung bean. The study was made on the growth and yield of mung bean (Hyon *et al.*, 1992). However, there are few studies on the content of functional materials of mung bean according to cultivation regions and seeding dates.

In this study, three regions of Suwon, Jeonju and Pyeongchang and two seeding dates of June and July were selected. The reason is that the main cultivation of mung bean is in the south, but the cultivation region is heading north due to climate warming. This work was conducted to obtain basic data for cultivation with a high contents of various functional materials as regional specialization at the optimal time.

MATERIALS AND METHODS

Mung bean flour sample preparation

Mung bean flour were obtained from the Rural Development Administration (RDA, Jeonju, Korea) in 2017. In this study, three cultivars were used that names are "Sohyeon", "Dahyeon", "Jangan". Comparisons of the contents according to the cultivation regions were used "Suwon", "Jeonju" and "Pyeongchang" samples of "Sohyeon" and "Dahyeon" cultivars. Also, comparisons of the contents according to the seeding dates were used "June" and "July" samples of "Sohyeon", "Dahyeon" and "Jangan". Before and after experiment time, all of the samples were stored in a desicator(room temperature, humidity:<15~20%).

Chemicals

All chemicals used in the extraction and analysis of phenolic compounds, fatty acids, soyasapogenol and tocopherols were HPLC grade. Ethanol (EtOH), methanol (MeOH), acetonitrile (ACN), iso-octane were purchased from Thermo Fisher Scientific (Thermo Fisher Scientific, Waltham, MA, USA). Formic acid, heptane, potassium hydroxide (KOH) and benzene were purchased from Junsei (Junsei, Chuo-ku, Tokyo, Japan). Dimethyl sulfoxide, 2,2-dimethoxypropane and dichloromethane were purchased from Sigma-Aldrich Co (Sigma-Aldrich Co, St. Louis, MO, USA). Acetic acid, 6N-HCl and 0.1N-HCl were purchased from Daejung Chemical and Materials Co. Ltd (Daejung Chemical and Materials Co. Ltd, Shiheung, Gyeonggi-Do, Korea). Ascorbic acid was obtained from Samchun Chemical Co. Ltd (Samchun Chemical Co. Ltd, Gangnam-gu, Seoul, Korea) and 1-propanol from Wako Pure Chemical Industries, Ltd (Wako Pure Chemical Industries, Ltd, Chuo-ku, Osaka, Japan).

The selected fifty-seven phenolic compound standards (STDs), two soyasapogenol STDs and four tocopherol STDs, were obtained from Sigma-Aldrich Co (Sigma-Aldrich Co, St Louis, MO, USA). Also, The thirty-seven component fatty acid methyl ester (FAME) standard mixture and pentadecanoic acid, used as an internal standard, were obtained from Sigma-Aldrich Co (Sigma-Aldrich Co, St Louis, MO, USA).

Sample extraction, analysis and quantification

Extraction of phenolic compounds

The extraction of phenolic compounds from mung bean flour was performed using acidic extraction method (Wang & Murphy, 1996). Finely ground sample powder 1 g of mung bean flour was weighed, then added 10 ml of acetonitrile and 2 ml of 0.1 N hydrochloric acid. And each sample was shook in shaker from Green-Seriker (Vision Scientific Co., Ltd., Yuseong-gu, Daejeon, Korea) of 200 rpm for 2 h. After shaking, the extract was filtered with whatman No.42 filter paper (110 mm diameter) and evaporated below 35°C using a rotary evaporator from EYELA SB-1200 (Tokyo Rikakikai Co, Hiratsuka, Japan). The residue was redissolved with 5 mL of 80% methanol and filtered with a 0.22µm PTFE syringe filter.

LC-MS/MS for analysis of phenolic compounds

Phenolic compounds in mung bean flour samples were analyzed

by high-performance liquid chromatography (HPLC) – electro-spray ionization (ESI) – tandem mass spectrometry (MS/MS). The HPLC System (Agilent Co. Ltd., CA, USA) consisted of a 1290 Binary Pump with Degasser (G4220A), an 1100 Series Column Compartment (G1316A) and an 1100 Series Autosampler (G1313A). The HPLC column for substance separation of phenolic compounds was C18 Thermo Synchronics (150 x 4.6 mm, 5 µm). The mobile phase was composed 0.1% formic acid in deionized water (solvent A) and 0.1% formic acid in acetonitrile (solvent B). The gradient for mobile phase was as follows: 0 min, 90% A 10% B; 10 min, 60% A 40% B; 20 min, 50% A 50% B; 25 min, 0% A 100% B; 26 min-30 min, 90% A 10% B for re-equilibrium. The flow rate was 0.5 ml/min and an aliquot of 10 µL was injected and each sample was analyzed intriplicate. The temperature of column was set at 25°C.

Mass spectra of an API 2000 system equipped with an electrospray ionization (ESI) source and a triple-quadrupole mass spectrometer (MS/MS) (AB Sciex, Framingham, MA, USA). The MS/MS and ESI source were operated in multiple reaction monitoring (MRM) and negative ion mode. The optimum ESI parameters were set by flow injection analysis (FIA). They were as follow: curtain gas (CUR) 50 psi, collision gas (CAD) 2 psi, ion-spray voltage (IS) -4400V, ion spray probe temperature (TEM) 500°C, nebulizer gas 40 psi, heater gas 50 psi, and interface heater was turned on. Nitrogen gas was used as collision, heater, nebulizer and curtain gas. The area of ion spray probe was set to 5 mm in horizontal and 3 mm in vertical axis. The optimum MRM parameters of each targeted compounds were set by the infusion of corresponding standard solution.

Determination of phenolic compounds were based on comparing retention time (RT) and mass to charge ratio (m/z) values of precursor and product ions (Q1 and Q3 values) with equivalent standard solutions. The standards of phenolic compounds were dissolved with the adequate solvents depending on their solubility properties for making stock solutions. The standard solutions were diluted with 80% methanol for calibration curve. Data acquisition and processing for establishing calibration curve and quantitation were performed using Analyst software (version 1.6.2; AB sciex, USA). The limit of quantitation (LOQ) and the limit of detection (LOD) were calculated with the signal-to-noise (S/N) ratio (level of 3 and 10).

Extraction of fatty acid

Transesterification was performed to convert the FAs in the mung bean flour to FAME ahead of gas chromatography composed to flame ionization detector (GC-FID). Before analysis, 50 mg of mung bean flour samples were put in amber vials with 0.2 mg of pentadecanoic acid as the internal standard. And then, 400 μ L of heptane and 680 μ L methylation mixture composed of MeOH / Benzene / Dimethoxypropane / H₂SO₄ = 19.5 : 10 : 2.5 : 1 (v/v/v/v) were put into samples. Each sample was shook for 2 hours at 80°C in a water bath (BioFree Co. Ltd., Korea). After then, the samples were cooled down at the room temperature and the supernatants were put into micro centrifuge tube, centrifuged for 1min. They were put in a 300 μ L insert in the amber vials (Chung *et al.*, 2017; Garcés & Mancha, 1993).

GC-FID for analysis of fatty acid

The fatty acid was analyzed by GC-FID system Agilent 7890 B (Agilent Co. Ltd., CA, USA). To separate the 37 FAMES, a capillary column (HP-INNOWAX 19091N, 0.25 mm \times 30 m, 0.25 μ m, Agilent Co. Ltd, CA, USA) was used. The helium carrier gas was set at 10 mL/min, the hydrogen flame gas was set at 35 mL/min and the mixed gas set at 300 mL/min. The initial oven temperature was set at 100°C for 2 min, 150°C (5°C·min⁻¹) for 2 min and 240°C (5°C·min⁻¹) for 5min. The FID temperature was 250°C and inlet temperature was 230°C. The volume of injection was 1 μ L with 1:50 split mode. Total analysis time of fatty acid was 64 min (Chung *et al.*, 2017).

The 9 mL dichloromethane and 1 mL of 37 FAMES standard mixture were mixed as stock solution. Each FAs in the sample was analyzed by comparing retention time with 37 standard mixture and spike test was done for exact peak assignment.

Extraction of soyasapogenol

The soyasapogenols A and B were extracted and analyzed with the method of (Rupasinghe *et al.*, 2003). Each 0.2 g of mung bean flour samples were extracted in 30mL of 80% ethanol and shook in a water bath/shaker at 50°C for 2 h. After that, the samples were centrifuged at 3000 rpm, 4°C for 5 min VS-6000FN (Vision Scientific Co. Ltd., Yuseong-gu, Daejeon, Korea) and 15 mL of the supernatant put into a 100 mL round-bottom flask. Then, the solvent was vaporized using a rotary vacuum evaporator at below 40°C. The residue in flask was redissolved with 8 mL of 1N HCl in MeOH. The sample was

moved to a screw-capped glass vial and shook in a water bath/shaker at 80°C for 2 h 30 min to carry out acid hydrolysis to release soyasapogenol from the soyasaponins. The solution used a solid phase extraction method to selectively extract the desired components. The solution was put in a C-18 Sep-Pak cartridge (Waters Corp, Milford, MA, USA) and washed with 4 mL of distilled water and 100% methanol. Then, solution was poured into cartridge and washed one more time with 5 mL of distilled water and 100% methanol. Finally, the eluent was filtered with a 0.45 μ m nylon syringe filter and inserted in screw vials.

HPLC/ELSD for analysis of soyasapogenol

The soyasapogenol analysis was determined by ELSD system that consisted of an Alltech 2000 ES evaporative light scattering detector (ELSD; Alltech Associates, IL, USA), equipped with TSP AS 1000 auto injector (Thermo Fisher Scientific, Waltham, MA, USA) and ACME 9000 pump with Solvent degasser & valve module (Young-Lin Co, Anyang, Gyeonggi-Do, Korea). Separation of soyasapogenol A and B used by an ODS C18 column (YMC-pack, 4.6 X 250 mm I.D.). The mobile phase was composed of acetonitrile / deionized water / 1-propanol / 0.1% acetic acid = 80 : 13.9 : 6 : 0.1 (v/v/v/v). Nitrogen gas was used as nebulizer gas (2 mL/ min), and the temperature of the drift tube was set at 70°C. The analysis time was 28 min and the flow rate was 0.9 mL/min.

The standards of soyasapogenol A and B were dissolved in methanol at appropriate concentrations (soyasapogenol A; 2.5, 12.5, 20, 25 μ g/ mL soyasapogenol B; 5, 7.5, 10, 15 μ g/mL) for calibration curve. The soyasapogenol was identified by comparing retention time and STDs spiking test.

Extraction of tocopherol

Tocopherols were extracted and analyzed using the preceding study (Kim *et al.*, 2005). 1g of samples and 0.1g of ascorbic acid were extracted in 20 ml of ethanol using a water bath/shaker at 80°C for 10 min. After then, 300 μ L of KOH was added for saponification and mixed in a water bath/shaker at 80°C for 18 min. The samples were cooled in ice for 15 min. 10 mL of hexane and water were added to samples and centrifuged at 3000 rpm, 4°C for 5 min. The hexane layer was collected and the sample was centrifuged again by the addition of 10 mL hexane. This process was repeated triplicate. The 30 mL of hexane layer were washed with 5 mL of distilled water at two times and

centrifuged at 3500 rpm, 4°C for 10 min. To remove any moisture, hexane layer was filtered with a sodium sulfate (Na_2SO_4). Finally, the solvent was evaporated by rotary vacuum evaporator. The residue was redissolved in 1 mL of iso-octane.

GC–FID for analysis of tocopherol

The tocopherols of mung bean flour analyzed by the GC-FID system (Agilent 7890 B, Agilent Co. Ltd, CA, USA). The GC column for substance separation of tocopherols was a capillary column (CP-SIL 8 CB, 0.32 mm \times 50 m, 0.25 μm) was used. The inlet temperature was 290°C and the temperature of the GC oven was 220°C for 2 min, 290°C (5°C·min⁻¹) for 14min and 300°C (10°C·min⁻¹) for 10 min (Kim *et al.*, 2015).

The 4 standards of tocopherol (α , β , γ , δ - tocopherol) were dissolved in iso-octane at 1000 $\mu\text{g}/\text{mL}$ as stock solution. Each standard solution was diluted to make the calibration curve. The tocopherols were identified by comparing retention times and STDs spiking test. All calibration curves have high linearity ($R^2 \geq 0.99$). In addition, limit of quantification (LOQ) and limit of detection (LOD) were calculated using calibration curves as follow; $\text{LOQ} = 10 \times \text{SD}/S$, $\text{LOD} = 3 \times \text{SD}/S$.

Statistical analysis

In this study, mung bean flour preparation was conducted in triplicate, and the experimental design was completely randomized. The statistical analysis was performed by the SAS software (version 9.4; SAS Institute, Cary, NC, USA). The least significant difference (LSD) and the general linear model (GLM) test were used to analyze data and performed at the 0.05 probability level. In addition, Pearson's correlation analysis was conducted the relationship between the variety and cultivation region or variety and seeding dates.

RESULTS AND DISCUSSIONS

Composition and content of mung bean according to cultivation regions

Among the phenolic compounds of 57 kinds, 12 kinds of phenolic compounds (gallic acid, gentisic acid, *p*-coumaric acid, protocatechuic acid, *p*-hydroxybenzoic acid, salicylic acid, caffeic acid, rutin, luteolin, orientin, vitexin, isovitexin) were detected. The MS spectra and fragmentation scheme of representative phenol compounds are shown in Fig. 1.

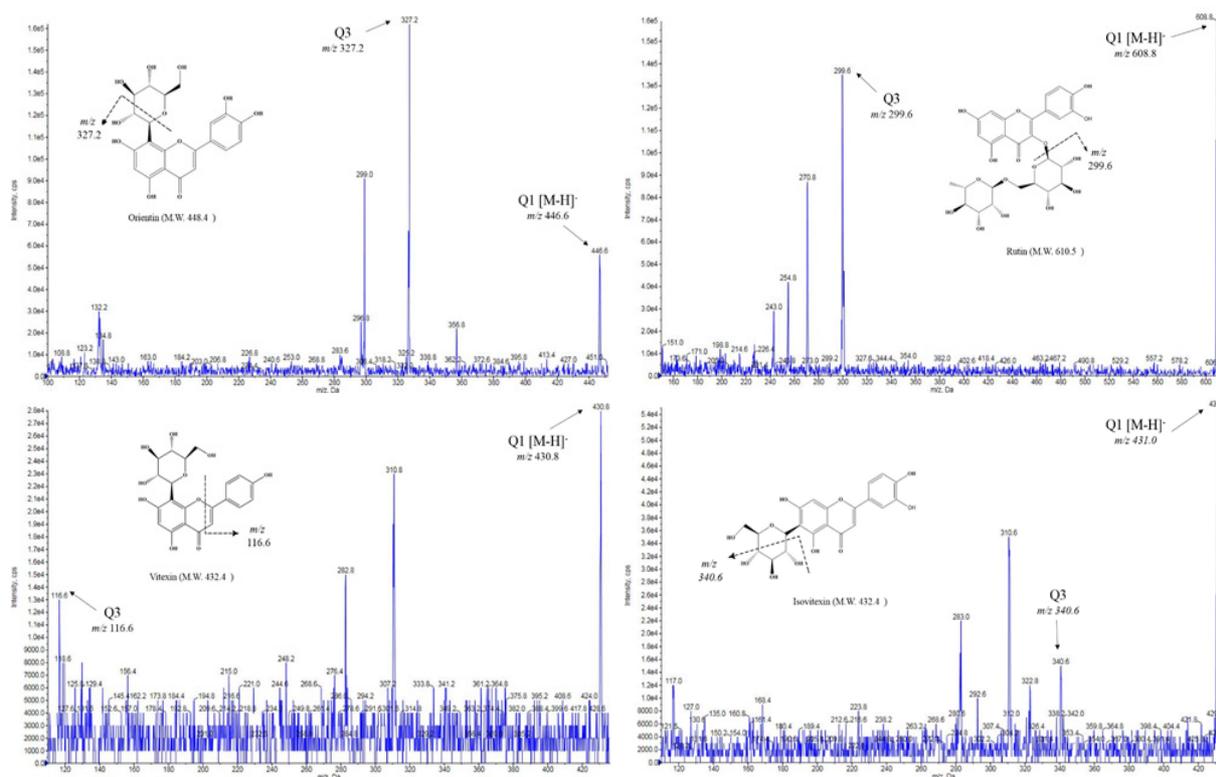


Fig 1. Mass spectra and fragmentation schemes of the representative phenolic compounds.

Table 1. Composition of phenolic compounds in mung beans according to cultivation regions ($\mu\text{g/g}$ dry weight).

Phenolic compound	Cultivation Region											
	Sohyeon				Dahyeon				P-value			
	Suwon	Jeonju	Pyeongchang	LSD _{0.05}	Suwon	Jeonju	Pyeongchang	LSD _{0.05}	Main factor	Inter-action		
	n=3	n=3	n=3		n=3	n=3	n=3		Region	Variety	R*V	
Gallic acid	1.06 ± 0.11 ^b	1.22 ± 0.08 ^{ab}	1.25 ± 0.08 ^a	0.18	0.91 ± 0.08 ^b	1.00 ± 0.14 ^b	1.26 ± 0.11 ^a	0.22	*	**	ns	
Protocatechuic acid	0.57 ± 0.05 ^b	0.64 ± 0.01 ^{ab}	0.68 ± 0.04 ^a	0.08	0.62 ± 0.02 ^b	0.56 ± 0.03 ^b	0.78 ± 0.04 ^a	0.07	ns	****	**	
Gentisic acid	0.05 ± 0.00 ^b	< LOD	0.08 ± 0.01 ^a	0.01	0.04 ± 0.00 ^b	0.04 ± 0.00 ^b	0.11 ± 0.01 ^a	0.01	ns	****	*	
Phenolic acid	<i>p</i> -Hydroxybenzoic acid	1.45 ± 0.05 ^b	1.54 ± 0.03 ^{ab}	1.60 ± 0.05 ^a	0.10	1.98 ± 0.02 ^a	1.56 ± 0.03 ^{ab}	1.03 ± 0.77 ^b	0.89	ns	ns	*
	<i>p</i> -Coumaric acid	0.03 ± 0.01 ^b	0.04 ± 0.00 ^b	0.06 ± 0.00 ^a	0.01	0.09 ± 0.01 ^a	0.04 ± 0.01 ^c	0.07 ± 0.01 ^b	0.02	****	***	****
	Salicylic acid	0.13 ± 0.01 ^c	0.06 ± 0.00 ^b	0.19 ± 0.01 ^a	0.02	0.35 ± 0.02 ^a	0.22 ± 0.01 ^b	0.34 ± 0.01 ^a	0.02	****	****	***
	Caffeic acid	0.26 ± 0.02 ^b	0.30 ± 0.03 ^{ab}	0.33 ± 0.01 ^a	0.04	0.20 ± 0.01 ^a	0.19 ± 0.01 ^a	0.21 ± 0.01 ^a	0.02	****	**	*
Flavonoid	Rutin	2.12 ± 0.32 ^b	2.15 ± 0.20 ^b	3.12 ± 0.15 ^a	0.46	1.76 ± 0.03 ^b	1.88 ± 0.08 ^b	2.52 ± 0.08 ^a	0.13	***	****	ns
	Orientin	14.50 ± 2.25 ^b	17.44 ± 0.89 ^a	16.77 ± 0.43 ^{ab}	2.84	15.81 ± 0.59 ^a	17.63 ± 1.36 ^a	16.19 ± 0.80 ^a	1.94	ns	*	ns
	Vitexin	2563.83 ± 403.39 ^a	2601.53 ± 145.26 ^a	2792.23 ± 506.10 ^a	765.10	2631.19 ± 120.25 ^a	2308.39 ± 112.66 ^b	2552.09 ± 124.20 ^a	238.02	ns	ns	ns
	Apigenin	< LOQ	< LOQ	< LOQ	ND	< LOQ	< LOQ	< LOQ	ND	ND	ND	ND
	Luteolin	0.07 ± 0.04 ^b	0.03 ± 0.03 ^c	0.48 ± 0.03 ^a	0.06	0.71 ± 0.02 ^a	0.24 ± 0.01 ^b	0.66 ± 0.06 ^a	0.08	****	****	****
	Isovitexin	1626.68 ± 106.58 ^a	1598.30 ± 114.22 ^a	1718.42 ± 273.70 ^a	363.51	1618.00 ± 85.44 ^a	1478.10 ± 81.31 ^b	1537.40 ± 26.82 ^{ab}	139.52	ns	ns	ns
Total Phenolic acid	3.49 ± 0.14 ^c	3.81 ± 0.10 ^b	4.20 ± 0.08 ^a	0.22	4.16 ± 0.07 ^a	3.57 ± 0.15 ^a	3.81 ± 0.71 ^a	0.84	ns	ns	*	
Total Flavonoid	4207.21 ± 512.04 ^a	4219.42 ± 241.94 ^a	4531.01 ± 779.73 ^a	1111.60	4267.47 ± 192.98 ^a	3806.24 ± 193.29 ^b	4108.86 ± 150.91 ^{ab}	359.96	ns	ns	ns	
Total phenolic compound	4210.69 ± 512.00 ^a	4223.22 ± 242.04 ^a	4535.21 ± 779.79 ^a	1111.70	4271.63 ± 192.96 ^a	3809.81 ± 193.41 ^b	4112.68 ± 151.50 ^{ab}	360.35	ns	ns	ns	

^{a-c}Values with different superscripts differ significantly according to mung bean cultivation region or variety ($p < 0.05$).

ND (not detected), ns: non-significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

The composition of phenolic compounds in mung bean according to cultivation regions are shown in Table 1. Of these, vitexin ($2308.39 \pm 112.66 \mu\text{g/g}$ to $2792.23 \pm 506.10 \mu\text{g/g}$) and isovitexin ($1478.10 \pm 81.31 \mu\text{g/g}$ to $1718.42 \pm 273.70 \mu\text{g/g}$) were the most abundant compound, accounting for about 99% of phenolic compounds. They were the result of quantification after re-analysis by diluting 100 times. Orientin ($14.50 \pm 2.25 \mu\text{g/g}$ to $17.63 \pm 1.36 \mu\text{g/g}$) and rutin ($1.76 \pm 0.03 \mu\text{g/g}$ to $3.12 \pm 0.15 \mu\text{g/g}$) were the next most abundant compounds after vitexin and isovitexin. When comparing to the cultivation region, the total phenol content of Pyeongchang was the highest in Sohyeon at $4535.21 \pm 779.79 \mu\text{g/g}$ (Fig. 2) But, Sohyeon was not statistically significant in according to cultivation regions. On the other hand, Dahyeon showed differences in total phenol compounds in Suwon, Jeonju and Pyeongchang ($p < 0.05$).

Table 2 shows the difference in fatty acid content of Sohyeon and Dahyeon cultivars by Suwon, Jeonju and Pyeongchang

cultivation regions. Total fatty acids of Dahyeon were the highest at $14.74 \pm 1.86 \text{ mg} \cdot \text{g}^{-1}$ in Pyeongchang. Sohyeon was also higher in Pyeongchang than in Suwon and Jeonju. The difference in total fatty acids content according to cultivation region showed statistically significant results and could be classified by region ($p < 0.05$) (Fig. 2). Also, in previous studies, the fatty acid content of mung bean seeds was significantly different according to the cultivation region (Anwar *et al.*, 2007), which is consistent with the results of this study. In Sohyeon, UFA, n-6 PUFA and n-3 PUFA of Pyeongchang were significantly higher than others. The major fatty acids of mung bean were linoleic acid, which accounted for about 40% of the total fatty acids, followed by palmitic acid and α -linolenic acid by about 28% and 15%. This is consistent with previous studies that linoleic acid and palmitic acid content were the highest in mung bean (Anwar *et al.*, 2007). Soyasapogenol, the aglycone of soyasaponin, soyasapogenol A and B, depending on their

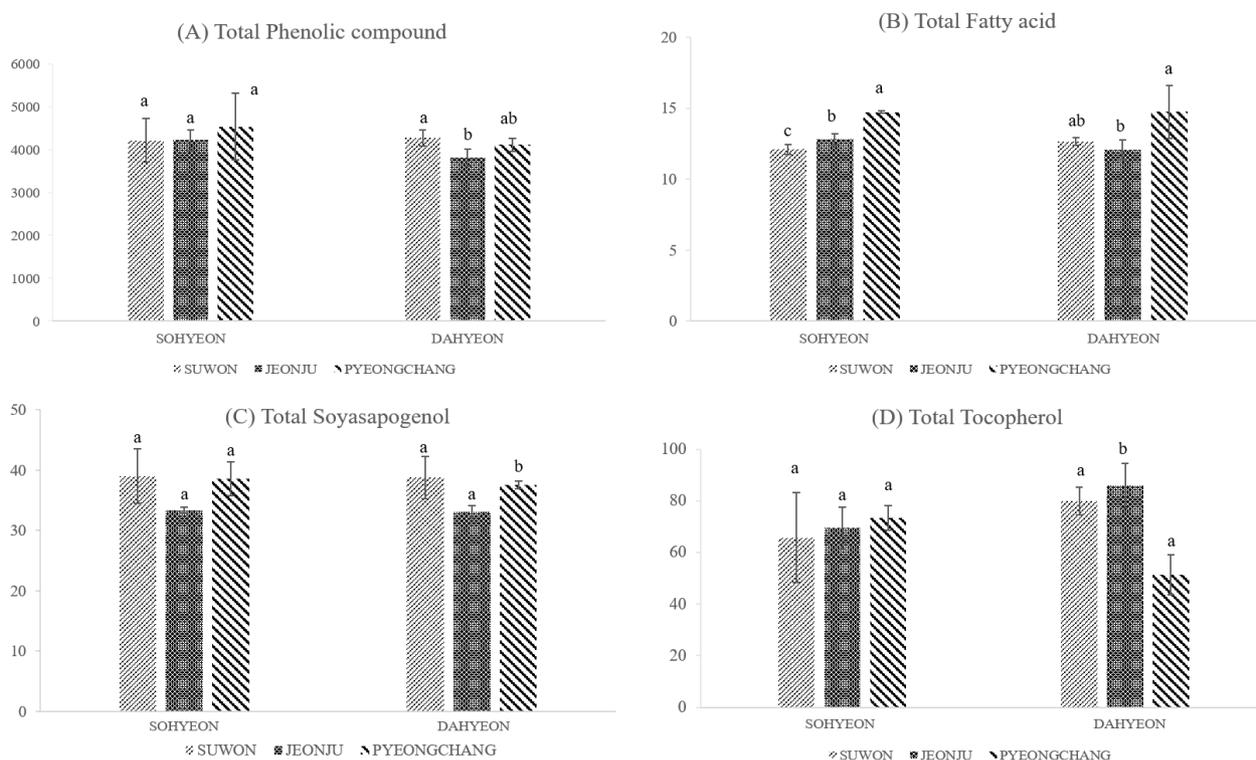


Fig 2. Comparison of (A) total phenolic compounds, (B) total fatty acids, (C) total soyasapogenol, and (D) total tocopherol in mung beans cultivated in different regions ($p < 0.05$).

Table 2. Composition of fatty acids in mung bean according to cultivation regions (mg/g dry weight).

Fatty acid	Cultivation Region										
	Sohyeon			LSD _{0.05}	Dahyeon			LSD _{0.05}	P-value		
	Suwon	Jeonju	Pyeongchang		Suwon	Jeonju	Pyeongchang		Main factor	Interaction	
	n=3	n=3	n=3	n=3	n=3	n=3	n=3	Region	Variety	R*V	
Σ SFA	4.79 ± 0.09 ^b	5.00 ± 0.18 ^b	5.85 ± 0.05 ^a	0.24	5.18 ± 0.32 ^b	4.71 ± 0.24 ^b	6.26 ± 0.76 ^a	0.99	***	ns	ns
Σ UFA	7.22 ± 0.24 ^c	7.76 ± 0.26 ^b	8.81 ± 0.06 ^a	0.42	7.41 ± 0.10 ^a	7.32 ± 0.47 ^a	8.44 ± 1.10 ^a	1.38	***	ns	ns
Σ MUFA	0.62 ± 0.05 ^b	0.71 ± 0.03 ^a	0.63 ± 0.01 ^b	0.07	0.61 ± 0.03 ^a	0.72 ± 0.03 ^a	0.73 ± 0.09 ^a	0.12	*	ns	ns
Σ PUFA	6.60 ± 0.19 ^c	7.05 ± 0.24 ^b	8.19 ± 0.07 ^a	0.36	6.80 ± 0.07 ^a	6.61 ± 0.45 ^a	7.71 ± 1.00 ^a	1.27	**	ns	ns
ΣLong (13-21)	11.62 ± 0.32 ^c	12.38 ± 0.41 ^b	14.15 ± 0.10 ^a	0.61	12.18 ± 0.26 ^{ab}	11.67 ± 0.69 ^b	14.18 ± 1.78 ^a	2.22	***	ns	ns
ΣVerylong (>22)	0.47 ± 0.02 ^b	0.42 ± 0.00 ^c	0.58 ± 0.01 ^a	0.02	0.44 ± 0.01 ^b	0.38 ± 0.03 ^b	0.56 ± 0.08 ^a	0.10	****	ns	ns
Σ n-6 PUFA	4.75 ± 0.13 ^c	5.07 ± 0.17 ^b	6.01 ± 0.06 ^a	0.27	4.85 ± 0.05 ^{ab}	4.76 ± 0.34 ^b	5.74 ± 0.74 ^a	0.95	***	ns	ns
Σ n-3 PUFA	1.85 ± 0.06 ^c	1.98 ± 0.07 ^b	2.18 ± 0.01 ^a	0.10	1.96 ± 0.02 ^a	1.84 ± 0.11 ^a	1.97 ± 0.26 ^a	0.32	*	ns	ns
Σ n-3/Σ n-6	0.39 ± 0.00 ^a	0.39 ± 0.00 ^a	0.36 ± 0.00 ^b	0.00	0.40 ± 0.00 ^a	0.38 ± 0.00 ^b	0.34 ± 0.00 ^a	0.01	****	**	****
Total	12.09 ± 0.33 ^c	12.80 ± 0.41 ^b	14.73 ± 0.10 ^a	0.62	12.63 ± 0.27 ^{ab}	12.05 ± 0.71 ^b	14.74 ± 1.86 ^a	2.32	***	ns	ns

ND (not detected), ns: non-significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

Σ SFA; sum of saturated fatty acids, Σ UFA; sum of unsaturated fatty acids, Σ MUFA; sum of monosaturated fatty acids, Σ PUFA; sum of polyunsaturated fatty acids, Σ long; sum of long chain fatty acids including 13-21 carbons, Σ very long; sum of long chain fatty acids including more than 22 carbons, Σ n-3 PUFA; sum of omega-3 fatty acids Σ n-6 PUFA; sum of omega-6 fatty acids, Σ n-3/Σ n-6; sum of omega-3 fatty acids/sum of omega-6 fatty acids

structures (Zhang & Popovich, 2009). In this study, soyasapogenol A was not found in all varieties of mung bean. Soyasapogenol B content was the highest in Suwon and the lowest

in Jeonju in all varieties. However, there was no statistically significant difference in soyasapogenol B. When comparing the difference in the content of total tocopherol according to the

Table 3. Composition of phenolic compounds in mung beans sown at different dates ($\mu\text{g/g}$ dry weight).

Phenolic compound	Seeding dates										P-value		
	Sohyeon			Dahyeon			Jangan			Main factor	Inter-action		
	June	July	LSD _{0.05}	June	July	LSD _{0.05}	June	July	LSD _{0.05}				
	n=3	n=3		n=3	n=3		n=3	n=3		Date	Variety	D*V	
Phenolic acid	Gallic acid	0.26 ± 0.05 ^a	0.19 ± 0.01 ^a	0.08	0.22 ± 0.05 ^a	0.25 ± 0.03 ^a	0.10	0.22 ± 0.20 ^a	0.42 ± 0.11 ^a	0.37	ns	ns	ns
	Protocatechuic acid	0.66 ± 0.04 ^a	0.64 ± 0.05 ^a	0.10	0.65 ± 0.03 ^a	0.64 ± 0.01 ^a	0.04	0.53 ± 0.18 ^a	0.66 ± 0.03 ^a	0.29	ns	ns	ns
	Gentisic acid	0.19 ± 0.02 ^a	0.13 ± 0.01 ^b	0.03	0.14 ± 0.01 ^a	0.09 ± 0.04 ^a	0.07	0.08 ± 0.03 ^a	0.08 ± 0.00 ^a	0.05	***	**	ns
	<i>p</i> -Hydroxybenzoic acid	2.00 ± 0.06 ^a	1.93 ± 0.02 ^a	0.10	1.51 ± 0.03 ^a	1.50 ± 0.03 ^a	0.07	1.26 ± 0.59 ^a	1.29 ± 0.12 ^a	0.96	**	ns	ns
	<i>p</i> -Coumaric acid	0.09 ± 0.00 ^b	0.21 ± 0.01 ^a	0.01	0.06 ± 0.00 ^b	0.07 ± 0.00 ^a	0.01	0.02 ± 0.04 ^a	0.05 ± 0.00 ^a	0.06	****	****	***
	Salicylic acid	0.18 ± 0.00 ^b	0.21 ± 0.00 ^a	0.01	0.37 ± 0.01 ^a	0.28 ± 0.02 ^b	0.04	0.12 ± 0.07 ^a	0.12 ± 0.01 ^a	0.11	****	ns	**
	Caffeic acid	0.43 ± 0.01 ^b	0.55 ± 0.02 ^a	0.04	0.25 ± 0.01 ^b	0.27 ± 0.01 ^a	0.02	0.27 ± 0.13 ^a	0.33 ± 0.02 ^a	0.21	****	*	ns
Flavonoid	Rutin	2.35 ± 0.15 ^a	2.43 ± 0.10 ^a	0.29	2.32 ± 0.06 ^a	2.38 ± 0.02 ^a	0.10	1.70 ± 0.85 ^a	2.64 ± 0.29 ^a	1.44	ns	ns	ns
	Orientin	19.86 ± 1.64 ^b	22.70 ± 0.36 ^a	2.69	22.98 ± 0.39 ^a	22.84 ± 0.78 ^a	1.39	14.97 ± 4.16 ^a	20.33 ± 1.77 ^a	7.25	**	*	ns
	Vitexin	3261.37 ± 494.55 ^a	3585.26 ± 358.09 ^a	978.76	3407.97 ± 163.13 ^a	3453.75 ± 118.38 ^a	323.10	3426.08 ± 115.39 ^a	3292.61 ± 136.84 ^a	286.93	ns	ns	ns
	Apigenin	0.14 ± 0.01 ^a	< LOQ	0.02	< LOQ	< LOQ	ND	0.15 ± 0.06 ^a	< LOQ	0.10	***	****	***
	Luteolin	0.74 ± 0.15 ^a	0.48 ± 0.06 ^b	0.25	0.92 ± 0.12 ^a	0.60 ± 0.06 ^b	0.22	0.72 ± 0.41 ^a	0.42 ± 0.08 ^a	0.67	ns	**	ns
	Isovitexin	2082.72 ± 164.81 ^a	2175.90 ± 188.31 ^a	401.14	1994.93 ± 106.14 ^a	1999.97 ± 44.75 ^a	184.64	2015.34 ± 52.91 ^a	1964.43 ± 93.04 ^a	171.57	ns	ns	ns
	Total Phenolic acid	3.81 ± 0.07 ^a	3.85 ± 0.05 ^a	0.13	3.20 ± 0.07 ^a	3.10 ± 0.02 ^a	0.12	2.51 ± 1.24 ^a	2.95 ± 0.25 ^a	2.02	**	ns	ns
Total Flavonoid	5367.19 ± 661.30 ^a	5786.76 ± 546.73 ^a	1375.4	5429.12 ± 258.90 ^a	5479.54 ± 160.30 ^a	488.11	5458.96 ± 61.03 ^a	5280.43 ± 227.65 ^a	377.80	ns	ns	ns	
Total phenolic compound	5371.00 ± 661.27 ^a	5790.61 ± 546.70 ^a	1375.4	5432.32 ± 258.95 ^a	5482.64 ± 160.30 ^a	488.20	5461.47 ± 60.69 ^a	5283.38 ± 227.41 ^a	377.28	ns	ns	ns	

^{a-c}Values with different superscripts differ significantly according to mung bean seeding date or variety ($p < 0.05$). ND (not detected), ns: non-significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

cultivation region of mung bean, Dahyeon was the lowest in Pyeongchang at $51.43 \pm 7.65 \mu\text{g/g}$ and Sohyeon was the highest in Pyeongchang at $73.44 \pm 4.66 \mu\text{g/g}$. In addition, the content of tocopherol was significantly different between regions in all varieties.

Composition and content of mung bean according to seeding dates

In the comparison of seeding dates samples, 13 kinds of phenolic compounds (gallic acid, gentisic acid, *p*-coumaric acid, protocatechuic acid, *p*-hydroxybenzoic acid, salicylic acid, caffeic acid, rutin, luteolin, orientin, apigenin, vitexin, isovitexin) were detected. The composition of the phenolic compounds according to seeding dates samples are shown in Table 3. Of these, apigenin, which was not detected in cultivated region comparative samples, was detected in June of Sohyeon and Jangan samples. When compare to the seeding dates, total

phenolic compounds contents were higher in July than June in both Sohyeon and Dahyeon. But Jangan was higher in June than July (Fig. 3). The total phenolic compounds in Sohyeon, Dahyeon and Jangan were not show significant difference according to seeding dates. Phenolics are compounds that possess one or more aromatic rings with at least one hydroxyl group (Kim *et al.*, 2013). Furthermore, Phenolic compounds are also considered to be the most important antioxidants in foods (Mariod *et al.*, 2010). Recent interest in these substances has been stimulated by the potential health benefits of the antioxidant activity (McCue & Shetty, 2004). Table 4 shows the difference in fatty acid content of Sohyeon, Dahyeon and Jangan according to the seeding date. The contents of total fatty acids were the lowest in Jangan. When seeding date of Jangan was July, the content was lower than that in June. Sohyeon and Dahyeon showed higher contents in July than June. Sohyeon was statistically significant difference in the total fatty acid

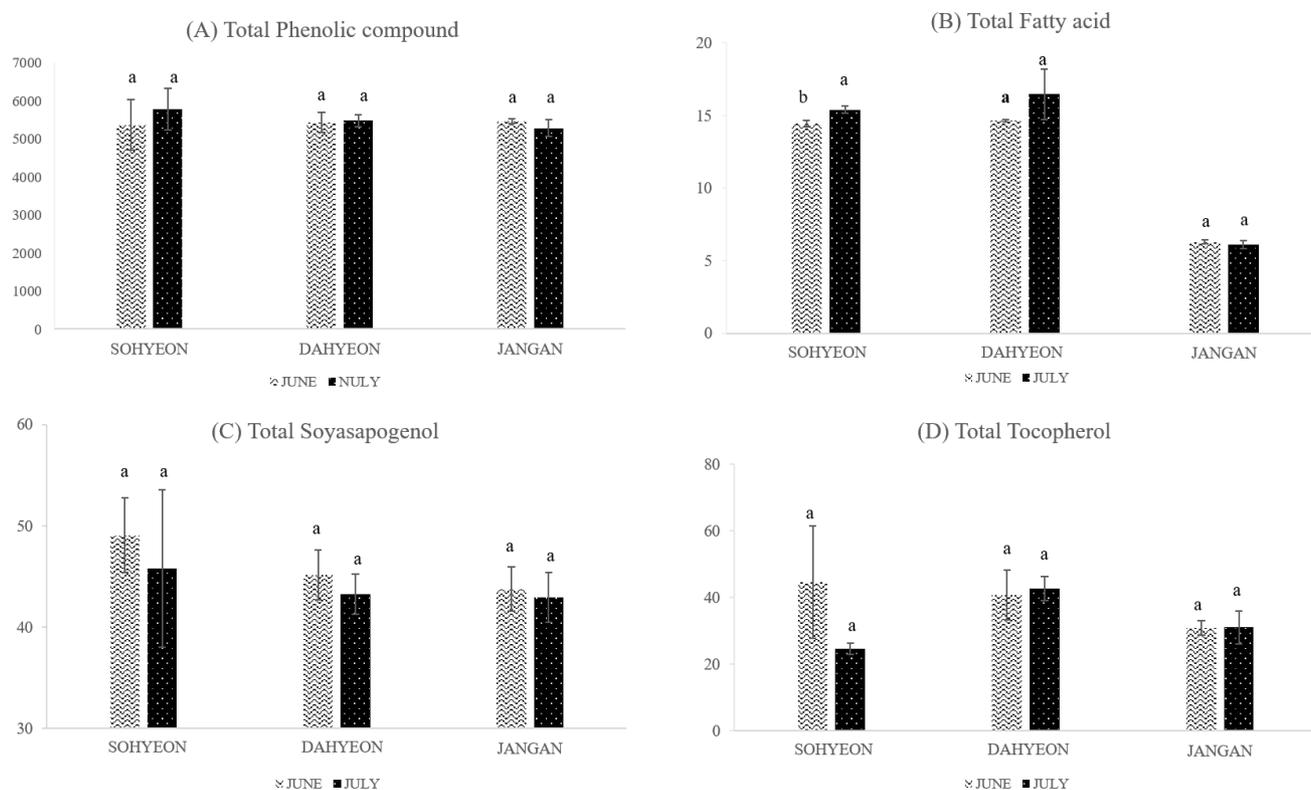


Fig 3. Comparison of (A) total phenolic compounds, (B) total fatty acids, (C) total soyasapogenol, and (D) total tocopherol in mung beans cultivated on different seeding dates ($p < 0.05$).

Table 4. Composition of fatty acids in mung beans according to seeding dates (mg/g dry weight).

Fatty acid	Seeding date									P-value		
	Sohyeon			Dahyeon			Jangan			Main factor	Interaction	
	Suwon	Jeonju	LSD _{0.05}	Suwon	Jeonju	LSD _{0.05}	Suwon	Jeonju	LSD _{0.05}			
	n=3	n=3		n=3	n=3		n=3	n=3		Region	Variety	R*V
Σ SFA	5.75 ± 0.07 ^b	6.02 ± 0.10 ^a	0.19	5.84 ± 0.03 ^a	6.56 ± 0.69 ^a	1.10	2.48 ± 0.05 ^a	2.36 ± 0.10 ^a	0.17	ns	****	ns
Σ UFA	8.65 ± 0.13 ^b	9.33 ± 0.14 ^a	0.31	8.78 ± 0.07 ^a	9.88 ± 1.04 ^a	1.69	3.77 ± 0.11 ^a	3.67 ± 0.19 ^a	0.36	*	****	ns
Σ MUFA	0.51 ± 0.06 ^a	0.49 ± 0.08 ^a	0.16	0.61 ± 0.06 ^a	0.49 ± 0.05 ^b	0.12	0.26 ± 0.02 ^a	0.22 ± 0.03 ^b	0.06	*	****	ns
Σ PUFA	8.14 ± 0.09 ^b	8.84 ± 0.07 ^a	0.19	8.18 ± 0.04 ^a	9.39 ± 1.01 ^a	1.63	3.52 ± 0.10 ^a	3.45 ± 0.16 ^a	0.31	**	****	ns
Σ Long (13-21)	13.83 ± 0.19 ^b	14.77 ± 0.23 ^a	0.48	14.06 ± 0.11 ^a	15.81 ± 1.67 ^a	2.69	6.00 ± 0.15 ^a	5.79 ± 0.28 ^a	0.51	*	****	ns
Σ Verylong (>22)	0.60 ± 0.01 ^a	0.61 ± 0.01 ^a	0.02	0.58 ± 0.02 ^a	0.66 ± 0.07 ^a	0.11	0.29 ± 0.01 ^a	0.28 ± 0.01 ^a	0.02	ns	****	ns
Σ n-6 PUFA	5.81 ± 0.06 ^b	6.39 ± 0.05 ^a	0.13	5.88 ± 0.04 ^a	6.81 ± 0.74 ^a	1.19	2.60 ± 0.06 ^a	2.55 ± 0.12 ^a	0.22	**	****	ns
Σ n-3 PUFA	2.33 ± 0.03 ^b	2.45 ± 0.03 ^a	0.06	2.29 ± 0.01 ^a	2.58 ± 0.27 ^a	0.43	0.92 ± 0.03 ^a	0.90 ± 0.04 ^a	0.09	*	****	ns
Σ n-3/Σ n-6	0.40 ± 0.00 ^a	0.38 ± 0.00 ^b	0.00	0.39 ± 0.00 ^a	0.38 ± 0.00 ^b	0.00	0.35 ± 0.00 ^a	0.35 ± 0.00 ^a	0.01	****	****	***
Total	14.43 ± 0.20 ^b	15.38 ± 0.24 ^a	0.50	14.64 ± 0.09 ^a	16.47 ± 1.74 ^a	2.79	6.29 ± 0.16 ^a	6.08 ± 0.28 ^a	0.52	*	****	ns

^{a-c} Values with different superscripts differ significantly according to mung bean seeding date or variety ($p < 0.05$).

ND (not detected), ns: non-significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

Σ SFA; sum of saturated fatty acids, Σ UFA; sum of unsaturated fatty acids, Σ MUFA; sum of monosaturated fatty acids, Σ PUFA; sum of polyunsaturated fatty acids, Σ Long; sum of long chain fatty acids including 13-21 carbons, Σ very long; sum of long chain fatty acids comprising more than 22 carbon atoms, Σ n-3 PUFA; sum of omega-3 fatty acids Σ n-6 PUFA; sum of omega-6 fatty acids, Σ n-3/Σ n-6; sum of omega-3 fatty acids/sum of omega-6 fatty acids

according to the seeding date ($p < 0.05$) (Fig. 3). Previous studies have shown that the crude protein content of mung bean decreased as the seeding time was delayed (Woo *et al.*, 2018). But, The fatty acids content of mung bean tended to increase with delay of seeding date ($p < 0.05$). The content of soya-sapogenol B in Sohyeon, Dahyeon, and Jangan was $49.04 \pm 3.68 \mu\text{g/g}$, $45.14 \pm 2.46 \mu\text{g/g}$ and $43.74 \pm 2.17 \mu\text{g/g}$ in June, respectively. The contents of all three cultivars were higher in July than in June (Fig. 3). However, there was no statistically significant difference in the soya-sapogenol B content of the mung bean according to the seeding date. Previous studies have shown that external conditions such as regional climate, seasonal changes, light and temperature affect the qualitative composition of saponins (Szakiel *et al.*, 2011). At biosynthesis pathway of soya-sapogenol, soya-sapogenol A is synthesized from soya-sapogenol B during seed germination (Takada *et al.*, 2013). In this study, only ungerminated legume seeds were used, so soya-sapogenol was not yet synthesized. Therefore, it is necessary to investigate the soya-sapogenol composition according to the degree of germination in the subsequent studies. It can be useful for the food industry. Fig. 3 shows the comparison of the total tocopherol contents of Sohyeon, Dahyeon and Jangan varieties by seeding dates. The contents of total tocopherols in June and July of Sohyeon were $44.67 \pm 16.78 \mu\text{g/g}$ and $24.64 \pm 1.78 \mu\text{g/g}$, respectively. The total tocopherol contents of Sohyeon were higher than that of July when the seeding date was June. Dahyeon was $40.81 \pm 7.51 \mu\text{g/g}$ and $42.73 \pm 3.58 \mu\text{g/g}$ in June and July, respectively and Jangan was $30.91 \pm 2.15 \mu\text{g/g}$ in June and $31.13 \pm 4.96 \mu\text{g/g}$ in July. Both cultivars were higher in July than June. However, the difference in the total tocopherol content of the mung bean during the seeding date is not statistically significant. The α -tocopherol and β -tocopherol were not detected in the mung bean of three varieties, Sohyeon, Dahyeon and Jangan. The δ -tocopherol of mung bean accounts for approximately 4% of total tocopherols and γ -tocopherol accounts for approximately 96% of total tocopherols. Previous studies have shown that most of the tocopherols in mung beans are γ -tocopherol (Anwar *et al.*, 2007). And it is same with this study. Previous studies (Anwar *et al.*, 2007) and this study suggested that the mung bean seeds are an abundant source of tocopherol that is very important. As with many other traits, there are few studies on the tocopherol content of previously reported mung bean seeds.

CONCLUSION

As a result, the total phenolic compound of mung beans had regional differences in the varieties of Dahyeon, and the total fatty acids showed significant differences in all varieties according to cultivation regions. The total fatty acid content of Sohyeon only showed a difference in seeding dates. This study found that the difference between the cultivars, which are genetic factors, is greater than the environmental factors of the cultivation regions and the seeding dates. However, further research is expected to be required using more samples, including various cultivation regions, specific climate and temperature control.

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